

Perceton Rural nutrition talk

THERE was a good turnout of members for Perceton Rural's October meeting where Rosalind Cartner gave a very interesting talk on nutrition in relation to various common health problems.

Competition results were, for a flask of soup, 1. Amanda Clark, 2. Marilyn Morton, 3. Anne

Smith, and for a soup bowl, 1. Martha Love, 2. Marilyn Morton, 3. Anne Smith.

The next meeting will be held in Girdle Toll Church Hall on Thursday November 6, when members will demonstrate flower arranging, lacemaking, spinning and felting.

New members are always welcome.

Auras to be examined at the Temple of Light

EVERYONE is invited to the Kilwinning Temple of Light Spiritualist Church which is held at the Nethermain Community Centre every Wednesday evening.

The doors open at 7.15pm with the service starting at 7.45pm prompt and closing at 9pm.

The medium for October 8 is John Seery from

Kilwinning. John will be giving a talk about 'auras' and he will also be demonstrating with the aid of his aura video system. There will be a charge of £5 payable at the door and if anyone would like a picture of their 'aura' the cost will be £5 for a colour photograph.

The medium for October 15 will be Chris McClatchie from Glasgow.

River Irvine set to heat 5,000 homes?



River Irvine



Drammen heat pump

HEAT from the Irvine and Garnock rivers could warm 5,000 households and businesses if the town tapped the renewable energy stored in them, new Scottish Government data shows.

Heat pumps take in chilly river, loch and sea water, compress the heat contained in it and produce hot water which is used to heat buildings.

Using a new 'heat map' of Irvine, produced by the Scottish Government, and data on how much water flows in the rivers Irvine and Garnock, renewable heat expert Dave Pearson has calculated the new figure.

He said: "Irvine is lucky in that it has not one but two rivers with considerable flows. The Garnock and the Irvine both flow at more than 1,000 litres per second nearly all the time, meaning they could provide water for a heat pump which could power around 5,000 premises.

"Heat pumps aren't new – they were, in fact, examined by Scottish scientists 150 years ago. But recent technological breakthroughs mean they can play a valuable role in the fight against both climate change and fuel poverty."

Fuel poverty occurs when a household must spend more than 10 per cent of its income to keep warm. In North Ayrshire, 29 per cent of households are classed as being in fuel poverty – two per cent higher than in Scotland as a whole.

Mr Pearson's scheme would see buildings in

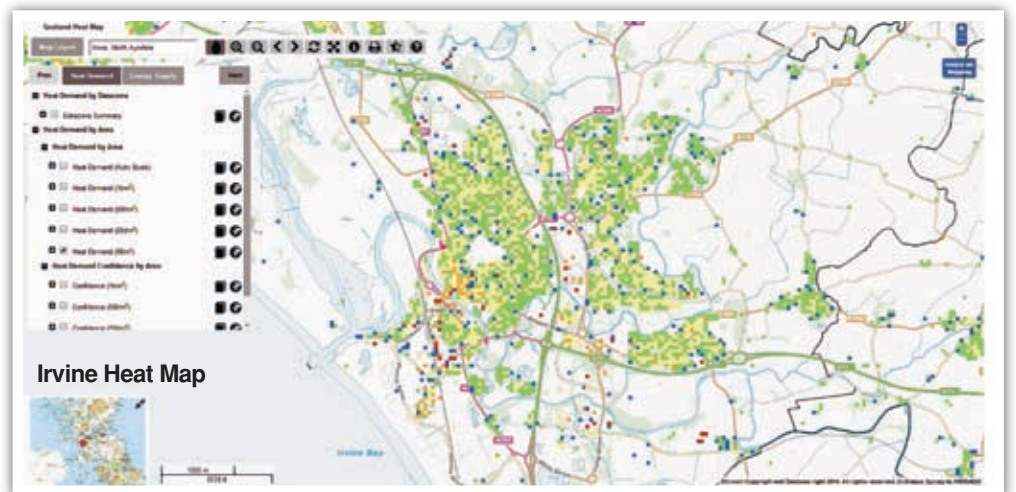
Irvine linked by a series of hot water pipes, known as a heat network. The heat pump would act as a boiler, providing affordable heat to a number of buildings.

A heat pump built by Star Renewable Energy, the company of which Mr Pearson is a director, is already operating in the Norwegian city of Drammen, where heat is harvested from a chilly fjord to heat the equivalent of 6,000 houses, at around 20 per cent the cost of burning gas. On the new Scottish Government heat map, buildings which require high levels of heat show up red, while smaller buildings show up as green. The maps, which have been produced for the whole of the UK, can be used to calculate the potential benefits of installing renewable heat technology.

Stephanie Clark, Policy Manager at trade body Scottish Renewables, said: "With 18,000 households in North Ayrshire classed as being in fuel poverty, affordable heat is a priority.

"Heat pumps use a small amount of energy to release the large amount of heat which is hidden in our rivers and lochs, and the new Scottish Government heat map shows where renewable technologies like that could be used to best advantage, reducing energy bills and carbon emissions."

The Scottish Government have set a target that 11 per cent of the country's heat should be generated from renewable sources by 2020, although that figure currently stands at just 2.6 per cent.



Wounded stray now set for adoption

CASSIE was found as a stray and she had a horrible wound on her side.

This has healed up really well and she is now waiting to be adopted in to a loving home so that she can live out her retirement in comfort.

She's a older cat and is great company, with a

lovely friendly nature.

Her vet checks have all gone well, and she has been spayed, vaccinated and microchipped.

Cassie is waiting now for someone to make that call to adopt her.

Do you have space in your home for this deserving cat?

Contact Cats Protection on 0845 371 4218 or go to www.northayrshire.cats.org.uk



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Irvine Times

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